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A Mountain Dog Publication

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## THE ONGOING PANCREATITIS DIET

This is what you feed, once your dog has fully recovered from the attack. It is designed to prevent re-occurrence of the problem, and build your dog's overall health. This diet will also help prevent problems such as heart failure, kidney disease, arthritis, cancer, diabetes and so on.

You still stick to small meals, lean meats, mostly vegetable meals and raw non-processed food meals. You continue with all the supplements, etc. It is suggested that you offer two types of meals. A vegetable meal and a raw meaty bone meal. Two thirds to three-quarters of the diet will be the vegetable meal, with one third to one quarters being the raw meaty bone meal.

# Pancreatitis

## EFFECTIVE MANAGEMENT



**MOUNTAIN DOG FOOD**  
PRODUCT OF  
MOUNTAIN DOG ENTERPRISES INC.

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## **PANCREATITIS**

Pancreatitis literally means-Inflammation of the Pancreas.

The Pancreas is an organ that does two things. Firstly it produces the hormone Insulin which is involved in the regulation of blood sugar in the body. Secondly it produces digestive enzymes.

Pancreatitis is usually seen in the middle aged, sedentary, overweight dogs, which have spent a lifetime being fed a diet, which consisted mainly of cooked and processed foods. It is a disease of bodily degeneration.

The bottom line with this disease is a depressed, inactive, vomiting, inappetent dog with a temperature and a tummy ache.

The diagnosis is made based on the above clinical signs together with the results of blood tests.

The initial treatment for Pancreatitis involves non-steroidal anti-inflammatories, antibiotics and a complete rest from eating and drinking.

Finally –**REDUCE YOUR DOG’S STRESSES TO A MINIMUM.** Stress is a major cause of pancreatitis, as are big fatty meals and the drug cortisone.

## **DIET FOR PANCREATITIS**

When it is time to re-introduce food, your dog will be nice and hungry and ready to eat just about anything. This is great because we want your dog to start a completely new diet. The diet is designed initially to prevent reoccurrence of the problem, and ultimately, to not only prevent re-occurrence but to improve your dog’s total health.

### **You must not feed.**

Cooked foods grain fatty meals, processed food, and canned or dry dog or cat food.

### **WHAT YOU SHOULD BE FEEDING:**

- Lots of little meals – i.e. small meals several times a day
- Lots and lots of RAW vegetables – such as, carrots, celery, cabbage, pumpkin,  
Etc, which must be CRUSHED i.e. put through a juicer or a food processor.
- Lean RAW minced meat – chicken, beef, turkey – RAW – and only in very small Amounts.
- Non fat yogurt
- Fruits such as apples, pears, oranges, banana, mango, etc.
- Liver, egg, cottage cheese, sardines, (in spring water) in very small amounts.
- Slippery elm bark powder
- Enzyme tablets
- Supplements including Multi-vitamin B, vitamin E, Flaxseed oil, cod liver oil, Garlic, kelp, vitamin C and Zinc.