



[www.mountaindogfood.com](http://www.mountaindogfood.com)

(780)-443-3278

Toll Free 866-769-3663

## DO'S AND DON'TS

### **Do - Fast your Dog**

Experts agree that fasting your healthy Adult dog for a day, once every week or two is important.

### **Do - Offer your dog a variety of foods.**

Would you eat the same food every day of your life?

### **Don't - Over Feed your dog**

Better to under feed. Always weigh the food to ensure that proper amounts are being fed.

### **Don't - Feed Cereals, Grains or other Starchy foods.**

Weigh those puppies regularly!

Never mix Raw and kibble!



A Mountain Dog Publication

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# KEEP IT SIMPLE!

# A GUIDE TO RAW FEEDING



**MOUNTAIN DOG FOOD**  
PRODUCT OF  
MOUNTAIN DOG ENTERPRISES INC.

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### HOW MUCH TO FEED?

|                   |  |                          |
|-------------------|--|--------------------------|
| <b>Active</b>     | 3 % of the animals body weight.  | Please weigh all food.   |
| <b>Non Active</b> | 2% of the animals body weight.   | Do not guess at amounts. |
| <b>Puppies</b>    | 4% to 5% of their body weight. Weigh them every 2 weeks and adjust food accordingly. |                          |

### BASIC DIET.

|                |   |                     |
|----------------|---|---------------------|
| <b>Chicken</b> | Available as Chicken only. Comes with Fruit and Veggies. Backs and Necks. |                     |
| <b>Turkey</b>  | Available as Turkey only. Comes with Fruit and Veggies. Necks.            |                     |
| <b>Beef</b>    | Available as Beef only—No Fruit or Veggies—No ground Bone.                | Not a primary meal! |

### ADDITIONAL FOODS.

|                      |   |                         |
|----------------------|---|-------------------------|
| <b>Chicken Blend</b> | Ascension Formula - Nutritionally complete no supplementation required. | Daily or as supplement. |
| <b>Beef Blend</b>    | Ascension Formula - Nutritionally complete no supplementation required. | Daily or as supplement. |
| <b>Tripe</b>         | Feed twice weekly.  | Extremely Nutritious!   |

### SUPPLEMENTING THE BASIC DIET. ALTERNATE THROUGH THESE OPTIONS.

|              |   |                           |
|--------------|---|---------------------------|
| Daily        | Sea Kelp - Dogs under 50lbs - 1/4 teaspoon per day. Over 50lbs - 1/2 teaspoon.        |                           |
| Daily        | Marine Oils — Cod Liver or Arctic Vigor Under 50lbs - 1/4 - Over 50lbs 1/2 teaspoon.  |                           |
| Daily        | EFA Oils - Use instead of Marine oils. Under 50lbs - 1/4 - Over 50lbs 1/2 teaspoon.   | 3-6-9<br>6 in 1           |
| Daily        | Alfalfa - Natures super green food. Under 50lbs - 1 - Over 50lbs 2 teaspoons.         |                           |
| Every 2 days | Raw Eggs - contains - Biotin, Vitamin B 12 - Choline, Sulphur amino acids - Selenium. |                           |
| Every 2 days | Raw Bones — We have Rib and Knuckle Bones.  |                           |
| Every 2 days | Turkey or Chicken Necks. We have both. Great for teeth - Essential to diet.           |                           |
| Every 3 days | Yogurt, Cottage Cheese, Cheese. You can also feed small amounts daily as treats.      | Also Try our Goats Milk!  |
| Every 3 days | Ascension Formula - Feed this as a supplement meal in lieu of other supplements.      | Daily for smaller dogs.   |
| Weekly       | Organ meats - Liver, Heart, Kidney.   | In lieu of regular meal . |
| Anytime      | Extra Veggies - Leafy green - Most Fruits make great treats also!                     |                           |



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